

# PRELIMINARY QUESTIONNAIRE

NAME: \_\_\_\_\_ Sex: M / F Age: \_\_\_\_\_ Occupation: \_\_\_\_\_

If your answer is **yes**, please mark the empty box with an **"X"** and explain below. If your answer is **no**, leave blank and move to the next question.

<b>X</b>	<b>X</b>
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**BARRIERS TO LEARNING:**

<input type="checkbox"/> Primary language other than English	<input type="checkbox"/> Memory Deficit
<input type="checkbox"/> Impaired Vision	<input type="checkbox"/> Cognitive Deficit
<input type="checkbox"/> Hard of Hearing	<input type="checkbox"/> Lack of Interest
<input type="checkbox"/> Low Literacy skills	<input type="checkbox"/> None
<input type="checkbox"/> Other: _____	

**HOW DO YOU PREFER TO LEARN?**

<input type="checkbox"/> Reading	<input type="checkbox"/> Hands-on (practicing)
<input type="checkbox"/> Watching a Video	<input type="checkbox"/> Internet
<input type="checkbox"/> Listening	

**MEDICAL HISTORY:** Do you have or have you ever had

<input type="checkbox"/> Back, disc problems, sciatic	<input type="checkbox"/> *Heart disease
<input type="checkbox"/> HIV positive	<input type="checkbox"/> *Congestive heart failure
<input type="checkbox"/> Tuberculosis or other lung disease	<input type="checkbox"/> *Irregular heart beat
<input type="checkbox"/> Tumor or abnormal growth	<input type="checkbox"/> *Heart surgery (angioplasty etc.)
<input type="checkbox"/> Asthma or other allergy	<input type="checkbox"/> *Pressure or pain I chest, etc.
<input type="checkbox"/> Ulcers in stomach/intestines	<input type="checkbox"/> *Swollen legs, ankles
<input type="checkbox"/> Disease of abdominal organs	<input type="checkbox"/> *Breathlessness
<input type="checkbox"/> Communicable disease (specify)	<input type="checkbox"/> *Stroke, vascular disease
<input type="checkbox"/> Arthritis	<input type="checkbox"/> *Elevated blood pressure-note values
<input type="checkbox"/> Rheumatic fever – was heart affected?	<input type="checkbox"/> *Epilepsy or other seizure disorders
<input type="checkbox"/> Kidney disease	<input type="checkbox"/> *Nervous disorders
<input type="checkbox"/> Liver disease	<input type="checkbox"/> *Gout
<input type="checkbox"/> General weakness	<input type="checkbox"/> *Drug or alcohol abuse
<input type="checkbox"/> Frequent headaches	<input type="checkbox"/> *Fainting episodes
<input type="checkbox"/> Vertigo	<input type="checkbox"/> *Diabetes
<input type="checkbox"/> Thyroid or parathyroid disorders	<input type="checkbox"/> Other prolonged/serious illness
<input type="checkbox"/> Nervousness, sleeplessness	<input type="checkbox"/> Serious accident
<input type="checkbox"/> Disease of the eyes	<input type="checkbox"/> Do you smoke?
<input type="checkbox"/> Disease of the ears	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Joint replacement	<b>If Female:</b>
<input type="checkbox"/> Anemia or other blood disorders	<input type="checkbox"/> Breast cancer
<input type="checkbox"/> Hiatal hernia	<input type="checkbox"/> *Currently pregnant
<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Disease of female organs
<input type="checkbox"/> Surgery	<b>If Male:</b>
<input type="checkbox"/> Incontinence	<input type="checkbox"/> Prostate problems
<input type="checkbox"/> Cancer	
<input type="checkbox"/> Are you currently being treated for any illness <b>other</b> than the referred diagnosis?	

Comments: \_\_\_\_\_

**MEDICATIONS:**

Name/Type	Dosage

Signature: \_\_\_\_\_

Date: \_\_\_\_\_